



# LOUISIANA TECH BASKETBALL

Costa Rica Foreign Tour: August 10th-17th, 2018



## August 10th (Friday), Hotel: Doubletree Houston Hilton Intercontinental

| Time     | Daily Schedule   | Notes                                   |
|----------|--|---|
| 1:30 PM  | Practice at the TAC                                    |   |
| 3:35 PM  | Chick-Fil-A delivered to Bus                           |   |
| 4:30 PM  | Bus Departs from TAC for Houston                       | Players can wear LA Tech or Adidas Gear |
| 7:00 PM  | Dinner Pickup in Lutkin, Texas - Oliver Garden         | Pre-Order                               |
| 9:45 PM  | Arrive at Doubletree Houston Hilton - Intercontinental |   |
| 11:30 PM | Lights Out   |   |

## August 11th (Saturday), Hotel: Costa Rica Marriott Hotel San Jose

| Time         | Daily Schedule   | Notes  |
|--------------|--|--|
| 8:00 AM      | Player Walk-up   |  |
| 8:30 AM      | Breakfast in Hotel Restaurant - Oakley's                                   | Bring your coupon to Breakfast   |
|              | Arrive to United counter at George Bush Intercontinental Airport (IAH) for | Each traveler will need their passport in order to check-in at the United counter for the international flight.  |
| 9:00 AM      | flight check-in  | Flight time of approximately 3 hours and 30 minutes, <b>Flight Gear: Blue C.R. Shirt, Black Pants, Blue Hoody Top</b>  |
| 11:55 AM     | Depart Houston (IAH) on United #1055                                       |  |
| 2:35 PM      | Arrive to Juan Santamaria International Airport (SJO) in San Jose          | All travelers will be handed two forms to fill out while on the airplane. Each traveler will need to list where they are staying (Costa Rica Marriott Hotel San Jose) and purpose of their trip (tourism). Once you have exited the airport, please look for the Beyond Sports sign. |
| 2:45-3:45 PM | Immigration and customs at SJO   |  |
| 4:00 PM      | Exit airport and depart for Costa Rica Marriott Hotel San Jose             |  |
| 4:15         | Dinner/ Snack from Bar 10 in Hotel   | Pre- Order   |
| 7:00 PM      | Depart for practice  |  |
| 7:30-9:00 PM | Practice   | Location: BN Arena, Ciudad Deportivo de Hatillo  |
| 9:30 PM      | Dinner at Taco Bar Restaurant  |  |
|              | Post-practice Return to Costa Rica Marriott Hotel San Jose                 | Beyond Sports can provide laundry for practice uniforms on this night.   |

## August 12th (Sunday), Hotel: Costa Rica Marriott Hotel San Jose

| Time          | Daily Schedule   | Notes                     |
|---------------|--|---------------------------|
| 10:00 AM      | Breakfast  | Buffet breakfast at hotel |
| 11:00 AM      | Depart for San Jose city tour                                    |                           |
| 11:30 AM      | Lunch Per Diem   |                           |
|               | Tour of downtown San Jose with stops at Central Market, National |                           |
| 11:30-1:00 PM | Theater, Central Avenue and National Church                      |                           |
| 1:00-2:00 PM  | Free time for souvenir shopping at Artisan's Market              |                           |
| 2:00 PM       | Return to Costa Rica Marriott Hotel San Jose                     |                           |
| 4:00 PM       | Pre-Game meal at IL Cavallino                                    |                           |
| 6:30 PM       | Depart hotel for Game #1   |                           |

|  |  |  |
|--|--|--|
| 8:00 PM  | Game #1 vs. Costa Rica National Team                                 | Location: BN Arena, Ciudad Deportivo de Hatillo  |
| 10:15 PM   | Post-Game meal at Soda Tapia   |  |
|  |  | Beyond Sports staff will collect uniforms in order to do laundry for the following day. Beyond Sports staff can also help coordinate post-game meal for team. Best options are either ordering pizzas to arrive to gym/hotel or the group can stop at Subway on way from game venue back to hotel. |
|  | Post-game Return to Costa Rica Marriott Hotel San Jose               |  |
| <b>August 13th (Monday), Hotel: Costa Rica Marriott Hotel San Jose</b> |  |  |
|  | <b>Time Daily Schedule</b>   | <b>Notes</b>   |
| 10:00 AM   | Breakfast  |  |
| 11:00 AM   | Depart for community service activity                                |  |
| 11:30AM-1:00 PM  | Community service activity at local public school in San Jose        | <b>Service Gear: Grey C.R. Shirt, Blue shorts</b>  |
| 12:45 PM   | Lunch Per Diem at Mall   |  |
| 1:00 PM  | Return to Costa Rica Marriott Hotel San Jose                         |  |
| 4:00 PM  | Pre-Game meal at Pura Brasa  |  |
| 6:00 PM  | Depart hotel for Game #2   | Note: Suggested departure time may be adjusted due to traffic.   |
| 8:00 PM  | Game #2 vs. Coopenae San Ramon ARBA                                  | Location: Gimnasio Gabelo Conejo, San Ramon  |
| 10:15 PM   | Post-Game meal Pizza on route home                                   |  |
|  |  | Beyond Sports staff will collect uniforms in order to do laundry for the following day. Beyond Sports staff can also help coordinate post-game meal for team. Best options are either ordering pizzas to arrive to gym/hotel or the group can stop at Subway on way from game venue back to hotel. |
|  | Post-game Return to Costa Rica Marriott Hotel San Jose               |  |
| <b>August 14th (Tuesday), Hotel: Westin Playa Conchal</b>              |  |  |
|  | <b>Time Daily Schedule</b>   | <b>Notes</b>   |
| 9:00 AM  | Breakfast  |  |
| 10:00 AM   | Depart for Playa Conchal   |  |
| 2:30-3:00 PM   | Arrive to Westin Playa Conchal for check-in                          |  |
| Afternoon  | Free time to enjoy pool and beach                                    |  |
|  |  | Note: All meals and beverages are included while at the Westin Playa Conchal.  |
|  | TBD Dinner (included)  |  |
| <b>August 15th (Wednesday), Hotel: Westin Playa Conchal</b>            |  |  |
|  | <b>Time Daily Schedule</b>   | <b>Notes</b>   |
|  | Breakfast at hotel   |  |
|  | Lunch at hotel   |  |
|  | Dinner at hotel  |  |
| <b>August 16th (Thursday), Hotel: Westin Playa Conchal</b>             |  |  |
|  | <b>Time Daily Schedule</b>   | <b>Notes</b>   |
| 8:00 AM  | Breakfast  |  |
| 9:00 AM  | Depart for zip-lining excursion at Diamante Eco Adventure Park       |  |
|  |  | Entrance at Diamante Eco Adventure Park also includes the following additional activities: animal sanctuary, stand up paddle boarding, kayaks and snorkeling.  |
| 10:00 AM   | Zip-lining excursion   |  |
| Afternoon  | Return to Westin Playa Conchal for final afternoon at the beach/pool |  |
|  | Dinner   |  |

August 17th (Friday)

| Time     | Daily Schedule                    | Notes   |
|----------|-----------------------------------|---|
| 3:00 AM  | Grab and go breakfast             |   |
| 3:15 AM  | Depart for Liberia Airport (LIR)  |   |
| 4:15 AM  | Check-in for international flight |   |
| 6:50 AM  | Depart Liberia on United #1511    | Flight Gear: Blue C.R. Shirt, Black Pants, Blue Hoody Top |
| 11:20 AM | Arrive to Houston (IAH)           |   |
| 12:00 PM | Depart for Ruston                 |   |
| 12:15 PM | Food on Bus - TBD                 | Pre- Order  |
| 5:00 PM  | Arrive in Ruston                  |   |

Player Packing List:

- Blue Shorts
- Red Shorts
- Black SS Shirt
- Black LS Shirt
- Grey C.R. Trip Shirt
- Blue C.R. Trip Shirt
- Practice Loop
- Black Pants
- We Are La Tech Blue Adidas Shirt
- Red Shorts
- Blue Hoody Top
- Beach Clothes
- Swimsuit
- Clothes for relaxing at Hotel (Adidas and Tech Gear)

Hotel Information:

**Costa Rica Marriott Hotel San Jose**  
700 meters west from Bridgestone/Firestone, La Ribera de Belen, CR-H, Heredia, 40703, Costa Rica

**Playa Conchal**  
Playa Conchal, G, Cabo Velas, 50308, Costa Rica

Weather:

| Sat.    | Sun.   | Mon.   | Tue.   | Wed.   | Thur.  | Fri.    |
|---------|--------|--------|--------|--------|--------|---------|
| 74/62   | 75/61  | 75/63  | 87/73  | 89/71  | 89/71  | 81*/68* |
| Showers | Cloudy | Cloudy | Storms | Cloudy | Storms | Storms  |